



ATTACKING PRINCIPLES- PART 2

Category: Tactical: Attacking principles
Skill: Mixed age

Pro-Club: Colorado Rapids Soccer Club
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Description

8v8+ NEUTRAL TO SMALL GOAL AND TARGET GATES.

IMBALANCING OPPONENTS

GOAL SCORED IN SMALL GOAL = 3 POINTS.

PASS TO TEAM MATE OR DRIBBLE THROUGH GATES= 1 POINT.

TOUCH RESTRICTIONS MAY VARY.

ATTACKING PRINCIPLES:

-QUICKLY MAXIMIZE SPACE:

WIDE PLAYERS GIVE WIDTH QUICKLY. MIDFIELDERS CAN'T BE IN A STRAIGHT LINE.

-EFFECTIVE PLAYER MOVEMENT OFF THE BALL:

PLAYERS NEED TO THINK ABOUT SPACING. HOW CAN PLAYERS POSITIVELY EFFECT FLOW OF PLAY WITH CLEVER MOVEMENT?

-TECHNIQUE AND EFFICIENCY IN PASSING AND RECEIVING:

CLEAN AND CONFIDENT PASSING. DETERMINE WHETHER PASS IS INTO SPACE OR INTO FEET. HEAD UP/CHEST UP. IN BASE POSITION. VISUALIZE PUSHING THE BALL ACROSS THE FIELD. CLEAN CONNECTION THROUGH MIDDLE OF BALL. PROTECT THE BALL.

-NON-VERBAL COMMUNICATION:

EYE CONTACT WITH TEAM MATE. HAND SIGNALS (POINTING, SHOWING WHERE BALL SHOULD BE, ETC). BODY SHAPE WHEN SHOWING FOR BALL (CAN PLAYER SHAPE HIS/HER BODY IN A FASHION THAT TELLS TEAMMATE WHERE BALL SHOULD BE PLAYED?).

-PLAYER TACTICAL AWARENESS AND DECISION MAKING:

PLAYER MUST QUICKLY ASSESS AND UNDERSTAND THE SITUATION (DETERMINE WHERE TEAM MATES AND OPPONENTS ARE), ESTABLISH THE MOST EFFICIENT OUTCOME AND CONFIDENTLY EXECUTE THE NECESSARY PLAY. PLAYERS NEED TO UNDERSTAND THEIR ROLE WITHIN THE TEAM ALONG WITH THE ROLE OF THEIR TEAM MATES TO BEST CREATE OVERLOAD OPPORTUNITIES LEADING TO OPPONENT IMBALANCE.

-MOST EFFICIENT WAY TO SCORE:

PRIMARY FOCUS IS ALWAYS DETERMINING QUICKEST WAY TO GOAL. SECONDARY FOCUS IS CREATING OPPONENT IMBALANCE.

BY BEING PREDICTABLE AND ENCOURAGING OPPONENT PRESSURE, THEN CHANGING POINT OF ATTACK BY EFFICIENTLY SWITCHING PLAY IS KEY TO IMBALANCE OPPONENTS.

-UNDERSTANDING OF PERIOD WITHIN GAME:

PLAYERS MUST DETERMINE WHAT PART OF THE FIELD THEY ARE IN AND WHAT RISKS CAN BE TAKEN AND WHAT CAN'T. WHAT IS AT STAKE?

