



## ATTACKING PRINCIPLES- PART 3

Category: Tactical: Attacking principles  
Skill: Mixed age

Pro-Club: Colorado Rapids Soccer Club  
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### Description

NUMBERS UP END ZONE GAME WITH TRANSITION.

### POSSESSION TO PENETRATE

BURGUNDY SCORE POINT BY RELEASING TEAM MATE INTO END ZONE OR DRIBBLING INTO END ZONE.

BLUE SCORE POINT BY SCORING INTO SMALL GOALS.

TOUCH RESTRICTIONS MAY VARY.

#### ATTACKING PRINCIPLES:

##### -QUICKLY MAXIMIZE SPACE:

WIDE MIDFIELDERS/ATTACKERS GIVE WIDTH QUICKLY. MIDFIELDERS CAN'T BE IN A STRAIGHT LINE. MINIMUM OF 1 MIDFIELDER SHOULD SIT DEEPER OFFERING SUPPORT.

##### -EFFECTIVE PLAYER MOVEMENT OFF THE BALL:

PLAYERS NEED TO THINK ABOUT SPACING. HOW CAN PLAYERS POSITIVELY EFFECT FLOW OF PLAY WITH CLEVER MOVEMENT? DYNAMIC AND AGGRESSIVE MOVEMENTS. STRIKERS AND MIDFIELDERS TAKE RISKS AND RUN BEHIND OPPONENTS DEFENSIVE LINE.

##### -TECHNIQUE AND EFFICIENCY IN PASSING AND RECEIVING:

CLEAN AND CONFIDENT PASSING. DETERMINE WHETHER PASS IS INTO SPACE OR INTO FEET. HEAD UP/CHEST UP. IN BASE POSITION. VISUALIZE PUSHING THE BALL ACROSS THE FIELD. CLEAN CONNECTION THROUGH MIDDLE OF BALL. PROTECT THE BALL.

##### -NON-VERBAL COMMUNICATION:

EYE CONTACT WITH TEAMMATE. HAND SIGNALS (POINTING, SHOWING WHERE BALL SHOULD BE, ETC). BODY SHAPE WHEN SHOWING FOR BALL (CAN PLAYER SHAPE HIS/HER BODY IN A FASHION THAT TELLS TEAM MATE WHERE BALL SHOULD BE PLAYED?).

##### -PLAYER TACTICAL AWARENESS AND DECISION MAKING:

PLAYER MUST QUICKLY ASSESS AND UNDERSTAND THE SITUATION (DETERMINE WHERE TEAM MATES AND OPPONENTS ARE), ESTABLISH THE MOST EFFICIENT OUTCOME AND CONFIDENTLY EXECUTE THE NECESSARY PLAY. PLAYERS NEED TO UNDERSTAND THEIR ROLE WITHIN THE TEAM ALONG WITH THE ROLE OF THEIR TEAM MATES TO BEST MAXIMIZE OPPORTUNITIES.

DON'T FORCE PLAY BUT INSTEAD LURE OPPONENTS UP THE FIELD WITH QUICK PASSING COMBINATIONS TO CREATE SPACE BEHIND THEIR DEFENSIVE LINE TO EXPLOIT.

##### -BE BOLD AND CREATIVE IN FINAL 3RD:

BE RISK TAKERS. PLAYER FREEDOM IN FINAL 3RD. NO TOUCH RESTRICTIONS. ISOLATE ATTACKING PLAYERS IN 1v1 SITUATIONS WITH DEFENDERS AND EXECUTE PLAY WITH CONVICTION.

##### -UNDERSTANDING OF PERIOD WITHIN GAME:

PLAYERS MUST DETERMINE WHAT PART OF THE FIELD THEY ARE IN AND WHAT RISKS CAN BE TAKEN AND WHAT CAN'T. WHAT IS AT STAKE?

