

Goalkeeper Possession Shape (Including Goal Kicks) - U9-U10 6v6



Date:	2/Sep/2014	Measurement:	Half a Pitch
Time:	N/A:N/A	Players:	6
Duration:	N/A	Level/Age Group:	U8 - U10

Description: 1/2 field - 6 players to start / add players on defending team
 3 player options for short pass - 2 near sideline at edge & 1 inside D at top of the penalty box
 2 long passing options near midfield
 When the ball goes over the endline for a goal kick or the GK gets possession, the GK grabs the ball as quickly as possible, runs to the edge of the penalty box near an open player, sets the ball quickly if a goal kick, quickly plays a short pass to them and recovers to goal

Objective: Shape and decision making when goalkeeper is in possession

Coaching Points: GK takes all goal kicks
 Get the ball and play as quickly as possible
 Play short when at least one of the 3 short passing options is open
 Play long to the 2 players up the field if all 3 short options are marked

Progression: Shadow train with the 6 players on your team
 Slowly add defending players up to full team with requirement that defending team must shoot within 3 passes when they win the ball