



U11-U12 Coaching Clinic - Possession to Advance - Playing out of the Back - Shape Diagrams

Category: Tactical: Playing out from the back
Difficulty: Moderate | **Start Time:** 22-Mar-2016 17:00h

Am-Club: Rio Rapids Soccer Club
Ray Nause, Albuquerque, NM, United States of America

Description

Rio Rapids SC U11-12 In-Service Clinic
Possession to Advance - Playing out of the Back
Recommended Shape

9v9 Recommended Shape

DESCRIPTION/ORGANIZATION:

Recommended team shape for 9v9 at U11/U12: 3-1-3-1

Note hybrid roles as they apply to 11-a-side

COACHING POINTS:



9v9 Playing out of the Back Shape

DESCRIPTION/ORGANIZATION:

Recommended team shape for playing out of the back - 9v9

COACHING POINTS:

strong/ball side outside back pushes up field to clear space for center back

3 player options for short pass (center back, one outside back and #6) - 2 near sideline at edge & 1 inside D at top of the penalty box

4 long passing options on strong/ball side posted up

Goalkeeper takes all goal kicks

When the ball goes over the endline for a goal kick or the GK gets possession, the GK grabs the ball as quickly as possible, sets the ball quickly if a goal kick, and reads defenders to determine best options:

Play short when at least one of the 3 short passing options is open

Play long to the 4 players up the field on that half if all 3 short options are marked

