



U9-U10 Coaches Clinic - Possession to Advance - Playing out of the Back - Shape Diagrams

Category: Tactical: Playing out from the back
Difficulty: Beginner | **Start Time:** 24-Feb-2016 17:00h

Am-Club: Rio Rapids Soccer Club
Ray Nause, Albuquerque, NM, United States of America

Description

Rio Rapids SC U9-U10 In-Service Clinic
Possession to Advance - Playing out of the Back
Recommended Shape

7v7 Recommended Shape

DESCRIPTION/ORGANIZATION:

Recommended team shape for 7v7 at U9/U10

COACHING POINTS:



7v7 Playing out of the Back Shape

DESCRIPTION/ORGANIZATION:

Recommended team shape for playing out of the back - 7v7 at U9/U10

COACHING POINTS:

3 player options for short pass - 2 near sideline at edge & 1 inside D at top of the penalty box

3 long passing options near midfield

Goalkeeper takes all goal kicks

When the ball goes over the endline for a goal kick or the GK gets possession, the GK grabs the ball as quickly as possible, runs to the edge of the penalty box near an open player, sets the ball quickly if a goal kick, and reads defenders to determine best options:

Play short when at least one of the 3 short passing options is open

Play long to the 3 players up the field if all 3 short options are marked

