



06 Burgundy / U12G - Combination Play / 2v1's

Category: Tactical: Combination play

Difficulty: Moderate | Start Time: 26-Oct-2017 17:00h

Am-Club: Rio Rapids Soccer Club
Ray Nause, Albuquerque, NM, United States of America

Description

Combination Play/2v1's

Phase: Open Up the Opponent to Penetrate

Principle: Outnumber the Opponent Around the Ball and Combine with Teammates

2v2 + 1/2 Finishing Activity (WHOLE) (20 mins)

DESCRIPTION/ORGANIZATION:

2v2 + 1/2 to 2 Full-Size Goals on 30 x 36 yard field

*Coach has two teams next to him/her in pairs at the midfield line on one sideline

*1 or 2 neutral players are in field of play

*When coach puts ball in play, the two pairs of players in the front of the lines sprint on to play 2v2+1/2 *if ball goes out of play or a goal is scored - coach immediately plays in new ball and new group of 2 pairs enter to play

COACHING POINTS:

*Body shape open to ball and goal - quality of 1st touch - peeking to locate defenders and numbers up

*Create 2v1 situations by driving at a defender on the dribble

*Movement of players off the ball to support the player with the ball and create numbers up

*Goal scoring mentality

*Rapid transition when ball goes out of play or goal is scored - emphasis on players staying switched on



Combination Play Patterns (PART) (25 mins)

DESCRIPTION/ORGANIZATION:

*Wall pass: Player A passes to B. Player B drives at defender. Player C shows for wall pass. Player B walls off Player C and receives ball behind defender. Player B passes into Player D.

*Overlap: Player A - Pass and overlap. Player B - drive at defender, reverse pass to player A and move to opposite side of defender. Player A - Pass out to player C. Player C plays to player B. Player B plays out to player D. Players A & B follow out. Players C & D repeat.

COACHING POINTS:

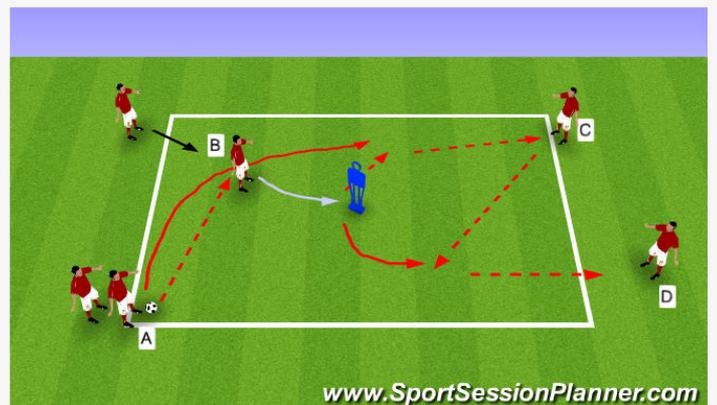
*Drive at defender on dribble with speed

*Reading teammates movement on or off the ball

*Timing of pass to overrapper - move defender away with dribble and let run develop

*Use of outside of foot nearest wall (dribbler) and foot across body (wall) for wall pass

*Explosive change of speed by A to overlap and B after playing wall pass



2v1 to Lines (PART) (25 mins)

DESCRIPTION/ORGANIZATION:

*Players equally split between 4 corners of 10 x 12-15 yd grid

*Coach plays ball into one player and that team attacks 2v1

*Score by dribbling ball across opposite endline under control

*If defender wins the ball they can counter-attack to score at opposite endline

Variations: 1) defender comes from corner directly across from player receiving the ball

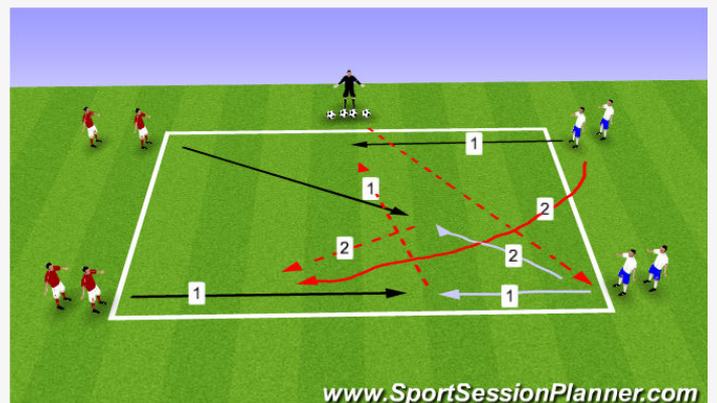
2) defender comes from corner diagonally across from player receiving the ball

COACHING POINTS:

*Focus on positive play - attacking at speed with numbers up

*Positive decision making on the ball - drive at defender on the dribble with speed and threaten to score - make the defender commit

*Attack defender at an angle that doesn't allow them to isolate you 1v1



*Does defender give you dribble or pass?

*2nd attacker moves based on decision of player on the ball - player on ball dribbles in and they go around to overlap, player on the ball dribbles out and they fade away from them to get forward *weight and accuracy of passes *overall speed of play

*Goal scoring mentality

2v2 + 1/2 Finishing Activity (WHOLE) (20 mins)

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