



## 08 Premier / U11G - Defending in Small Groups

Category: Tactical: Defensive principles

Difficulty: Moderate | Start Time: 31-Aug-2018 17:00h

Am-Club: Rio Rapids Soccer Club  
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### Description

Phase: Prevent Opponent from Advancing and Win the Ball

Principle: Recognizing Cues to Press as a Group and Win the Ball

Game Situation: Pressing off Goalkeeper Possession / Goal Kicks

### 6v6 Half Width Phase of Play (WHOLE) (30 mins)

#### DESCRIPTION/ORGANIZATION:

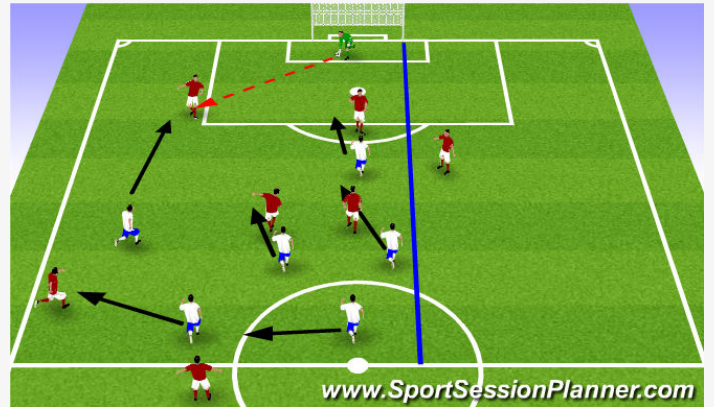
Half field from the far goal post to the sideline

\*6v6 with team building out of the back scoring to two targets or by dribbling over the midfield line and pressing team scoring to full size goal

\*once pressing team loses ball - game restarts with goalkeeper

#### COACHING POINTS:

- \* starting positions to invite opponent to play short pass out of the back
- \* movement of winger to force ball inside & 9 to keep it on that side
- \* CM and 6 mark and win ball in center of field
- \* OD marks winger & CD shifts across to that side to prevent
- \* force ball into funnel and win it - don't allow opponent to play to opposite side of field
- \* Quick attacks on goal once ball recovered. Try to end all attacks with a shot on target



### 1v2 to 2 Small Goals (PART) (20 mins)

#### DESCRIPTION/ORGANIZATION:

\*1v2 to 2 small goals on 12-15 yd long x 20-25 yd wide field

\*defender passes ball to attacker and closes down the ball

\*defending teammate may move in front of either goal outside of field to help pressuring defender

\*attacker plays 1v2 and tries to score on one of the 2 goals

\*when defenders win the ball the second defender can enter field to create a 2v1 and they score by stopping the ball on the opposite endline

#### COACHING POINTS:

- \*as pressuring defender closes down the attacker, their teammate should choose one of the goals to defend and tell the pressuring defender to force the attacker in that direction
- \*pressuring player angles/bends their approach to deny shots or dribble penetration on the undefended goal and to force the attacker to their help defender
- \*pressuring player must keep the attacking player from getting around them towards or having a clear path to the undefended goal
- \*connect to idea of winger and 9 forcing play into middle



### 8v8 Phase of Play - Pressing (WHOLE) (25 mins)

#### DESCRIPTION/ORGANIZATION:

8v8 on full width and 45 yards long

\*GK+7 field players score to either small goal or #9/target

\*8 field players score to full size goal as quickly as possible when they win the ball

\*rotate two teams half way through

#### COACHING POINTS:

- \*recognize moments that you can press the opponent close to their goal: off of goalkeeper possession/goalkicks & when defenders have the ball deep near their goal
- \*take up starting positions to invite short pass from GK
- \*force ball into funnel and win it - don't allow opponent to play to opposite side of field



