



## 07B/U13 - Possession to Advance - Creation of Space - Movement to create space for Team mate

**Category:** Tactical: Combination play  
**Difficulty:** Moderate

Am-Club: Rio Rapids Soccer Club  
Chris Hurst, Albuquerque, United States of America

### 2v1 Transition (10 mins)

#### DESCRIPTION/ORGANIZATION:

Red team has ball 2v1 to end line opposite them.  
Blue team try to win ball and dribble out of area on any side.  
If blue team does this, they become team with 2 players vs 1 red going to line opposite their players.  
If either team scores while they have 2, next red comes on. Player who did not score the point for red stays on to creat 2v1.  
Defender stays on until they win the ball.

#### COACHING POINTS:

3 ways to win when you have the ball. (dribble, pass-dribble, combination)  
Defender try to make it a 1v1. Then win personal battel



[www.SportSessionPlanner.com](http://www.SportSessionPlanner.com)

### 7v7+1 To End Lines (15 mins)

#### DESCRIPTION/ORGANIZATION:

7v7+1 Play to end lines.

#### COACHING POINTS:

Look to break lines at every opportunity  
Body open to receive to play forwards  
Dont block passing lanes, move to create passing lanes If/Then - if defender steps, be in position to receive ball



[www.SportSessionPlanner.com](http://www.SportSessionPlanner.com)

### Technical Passing & receiving (15 mins)

#### DESCRIPTION/ORGANIZATION:

A: Give and goes all way to end and back. Players 1 and 2 switch positions each time. 3 & 4 switch.

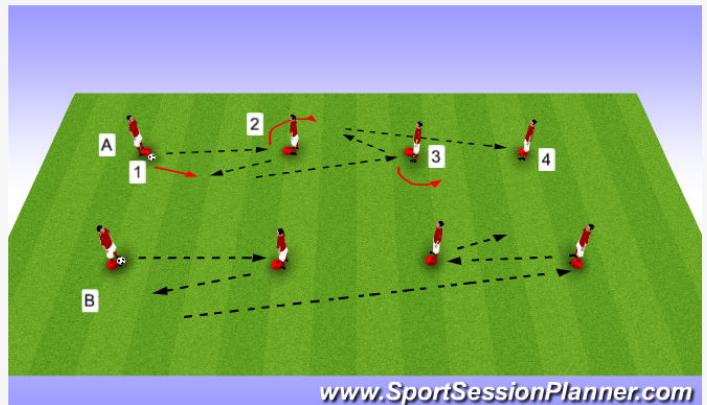
B: Short short long. Same rotations for positions.

#### Progression:

Tell players they have to do two A's then two B's (A, A, B, B) as a race with other groups

#### COACHING POINTS:

Speed and weight of pass  
Movement to creat passing lanes/space  
Different kind of passes (bend, spin)



[www.SportSessionPlanner.com](http://www.SportSessionPlanner.com)

## Positional Rondo (15 mins)

### DESCRIPTION/ORGANIZATION:

Gk's or center backs at ends. Central mid player is magic in middle

Blue team try to win ball.

Red/Black try to connect 10 passes.

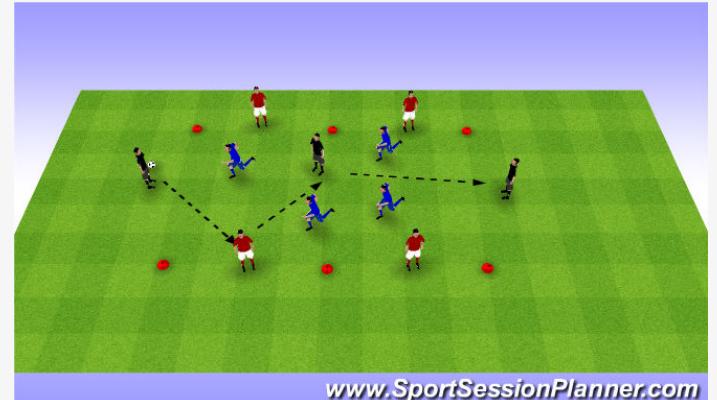
If Blue Wins ball they must connect pass to target black and transition to outside spots as reds move into middle

### COACHING POINTS:

Quickly connect pass to transition

Recognize when to play thru central player to break pressure vs playing around pressure

Movement of central players to create passing lanes/space



[www.SportSessionPlanner.com](http://www.SportSessionPlanner.com)

## final game (15 mins)

### DESCRIPTION/ORGANIZATION:

7v7 Final game

### COACHING POINTS:



[www.SportSessionPlanner.com](http://www.SportSessionPlanner.com)