



## 03 / U17G - open up the opponent to penetrate - switching point of attack

**Category:** Tactical: Switching play  
**Difficulty:** Advanced

Am-Club: Rio Rapids Soccer Club  
Girls Directors, Albuquerque, United States of America

### 2v1 switching game (25 mins)

#### DESCRIPTION/ORGANIZATION:

2v1 in each outside grid (to goal)

1 defender and 1 midfielder in middle grid (defender is the only player who can move into different grids)

Ball starts with center mid - can play to either grid to create 2v1.

Middle defender moves across grid to make 2v2 - attacking team now switch quickly through middle player to opposite grid to create a new 2v1.

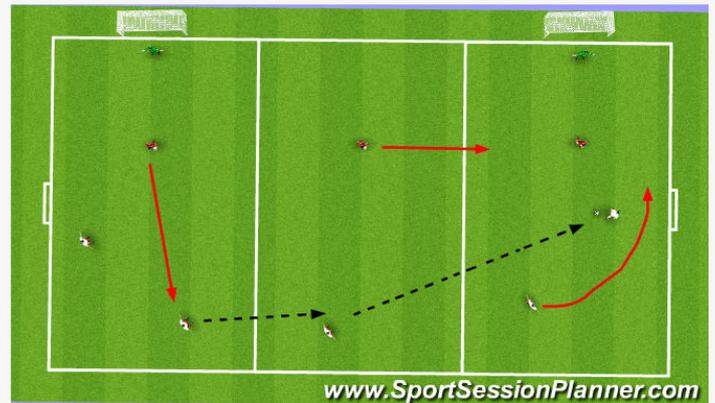
#### COACHING POINTS:

Speed of play - recognize where middle defender is and switch game quickly to opposite side.

Don't get caught playing 2v2 - switch ball to other side every time

Starting positions of two attacking players - be difficult to be defended by one defender (one high, one low for example)

Use 2v1 quickly to get to goal



### 4v4 (+2) to 6 goals

#### DESCRIPTION/ORGANIZATION:

4v4 (+2 wide neutrals) to 6 goals

Players can score in any of the 3 goals they are attacking. Teams can also use wide neutral players (who cannot be defended)

Neutral wide players make decisions on which goal is easiest to score on - big switch to far goal, middle goal or near goal?

#### COACHING POINTS:

Keep game stretched wide in possession

Neutral players head up to recognize which is the easiest goal to score in

Movement off the ball to threaten goals



### switching side to side - cross/finish

#### DESCRIPTION/ORGANIZATION:

Players play 3v3 in wide grid - after connecting 3 passes they play into CM who switches the ball to opposite side of field.

Wide player receives ball, dribbles and crosses into box where 2 attackers play against 2 defenders.

Can progress by adding a third attacker to the box to attack cross (attacker comes from the 3v3 box)

#### COACHING POINTS:

Movement of the CM to find ball, receive across body and switch play quickly

Quality of switching pass from CM.

Service from wide area - early ball, flight cross, driven cross?

Forwards movement in the box

