



## 2020-21 AGE RANGES

**U5** – Kids born in 2016

**U6** – Kids born in 2015

**U7** – Kids born in 2014

**U8** – Kids born in 2013

## CONTACT INFORMATION

- Youth Academy Director - James Salazar [james.salazar@riorapids.org](mailto:james.salazar@riorapids.org) 505-250-5973
- Registrar - Cathy Thomas [cathy.thomas@riorapids.org](mailto:cathy.thomas@riorapids.org)

## REGISTRATION

- Costs (Fall/Spring)
  - U5/U6 - \$225
  - U7/U8 - \$295
- Whats needed
  - [Registration](#)
  - 1 time Birth Certif upload and Picture
  - Pay by check or credit card

## IS IT OK IF MY CHILD HAS NEVER PLAYED SOCCER?

- Absolutely - there is no wrong time at these ages

## WHEN IS REGISTRATION CUTOFF DATES

- Rolling admissions

## TRAINING/GAME DAYS 2020-21

- Fall Season – Sep 22nd - Nov 14th
- Spring Season – Mar 9th – May 1st

## YA GAME DAYS

- All Games at ADO #1 on Saturdays between 9:00-12:00



## WEEKLY TRAINING SCHEDULE

### EAST SIDE

Arroyo Del Oso Park  
7001 Osuna Rd NE  
Albuquerque, NM 87109

#### Tuesdays & Fridays

- U5/U6 4:45-5:30
- U7/U8 5:45-6:45

### WEST SIDE

#### FALL

Ventana Ranch Basin  
10000 Universe Blvd NW  
Albuquerque, NM 87114

#### Wednesdays and Fridays

- U5/U6 4:45-5:30
- U7/U8 5:45-6:45

### Spring

#### Wednesdays

APS Soccer Complex  
8101 Rainbow Blvd NW  
Albuquerque, NM 87114

#### Fridays

Ventana Ranch Basin  
10000 Universe Blvd NW  
Albuquerque, NM 87114

#### Wednesdays and Fridays

- U5/U6: 4:45-5:30
- U7/U8: 5:45-6:30



## **WHAT EQUIPMENT WILL MY CHILD NEED?**

- Proper athletic "outside play" clothing, shin guards, cleats, water, soccer ball

## **PARENT EDUCATION/EXPECTATIONS**

### **WEATHER ISSUES**

- LIGHTNING
- CANCELLATION
- COMMUNICATION PLATFORMS
  - E-MAILS
  - FACEBOOK
  - TWITTER

### **TRANSITION FROM U8-U9**

- Meeting dates each spring
- Registration

### **REFER A FRIEND + FREE SESSION COUPON**

- Always looking for interested families

### **INTERESTED IN COACHING**

- Contact YA Director James Salazar - [james.salazar@riorapids.org](mailto:james.salazar@riorapids.org) 505-250-5973

## **COMMON QUESTIONS**

### **Why This Format?**

Our players won't touch a 22 player field for quite some time.

By creating a much smaller player-to-ball ratio,

(1:1-6:1) our players are encouraged to build a strong and lasting relationship with the ball.

### **Why No Corners?**

Just as we don't want our players having to share valuable repetitions with their ball, we don't want valuable time to be taken from them, either. Corners take a long time to set up and there is a lot of standing for all players. By allowing players to dribble or



pass the ball into the game, at their leisure helps improve a young players decision Making skills. A crucial and indispensable part of the game.

### **My Kid Needs More**

We do have opportunities to train and even play games with older teams....  
If it is deemed developmentally appropriate by the Youth Academy Director.

Our priority will be to build up our young players emotionally, physically, cognitively and socially.